

1 **Abstract**

2 Disclosed is a supportive chair for sitting
3 comfortably at low heights above and relative to the
4 ground. Preferably, the chair comprises a primary seating
5 surface and a secondary seating surface curving around the
6 rear of the primary seating surface to provide additional
7 support for the user. It is preferred that the secondary
8 seating surface be inwardly and downwardly sloped and
9 provide a low lateral boundary for the user, thereby
10 promoting proper alignment of the buttocks on the primary
11 seating surface. Thus, the chair raises the buttocks and
12 hips of the user off of the seating level, creating a
13 relative height difference between the hips and legs. This
14 raising of the hips relative to the legs creates a sitting
15 posture that promotes vertical back alignment. As a
16 result, the user is able to comfortably maintain this
17 position with a reduced amount of back muscle strain,
18 allowing prolonged comfortable seating periods.